



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

7th-12th Grade Boys/Girls Post Workouts

Location: Avera Sports Center (85th & Minnesota)

Cost: \$95 *Payment is collected online at the time of registration.*

Athletes will receive a Warwick Workout T-shirt & Socks

Post workouts focus on low post moves, shooting technique, attacking players from the high post, offensive and defensive footwork and much more.

Sunday, Sept. 11 th	7:45-8:45
Sunday, Sept. 18 th	7:45-8:45
Sunday, Sept. 25 th	7:45-8:45
Sunday, Oct. 2 nd	7:45-8:45
Sunday, Oct. 9 th	7:45-8:45
Sunday, Oct. 16 th	7:45-8:45

Register online at

www.warwickworkouts.com

Find your session under the Register Here tab

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

WHERE CHAMPIONS TRAIN.